

Do you want something **stopped**, **started** or **changed**?
NYAS is here to help you.



Helpline - 0808 808 1001

Every year we receive thousands of contacts through our helpline. If you are worried about what is happening to you and you want something to start, to change or to stop, you can contact us in a variety of ways. You don't have to wait for anyone to do this for you.

Freephone: 0808 808 1001

Email: help@nyas.net

NYAS advocacy app available on:



Participation / be part of it

At NYAS we are keen to involve young people in what we do and how we provide and improve our services. We have opportunities for you to be involved because it is important for us that we involve you in our work.

Mental Health Advocacy and IMHA (Independent Mental Health Advocates)

Some children and young people as well as some adults become unwell and need to be admitted to hospital to get better. If this happens to you, you can ask for an advocate to help you to understand what is happening to you and what medication may be advised for you.

Child Protection Advocacy

When social workers are worried that you are not safe they arrange a child protection conference. The first one is called an Initial Child Protection Conference and the rest are called Review Conferences. The aim of these meetings is to make sure that all professionals work with you and your parents to improve their care of you and to keep you safe.

Help?

Who will help me?

Who will listen to me?



Contact Details

📞 0808 808 1001 ✉ main@nyas.net
@ www.nyas.net 📺 NYAS.yp
🐦 @NYASServices 🐦 @NYASFundraising

Registered Charity No. 1012485

Are you in care or a care leaver?

NYAS offers individual advocacy and a range of information, advice and support to ensure your voice is heard when decisions are being made about you.

The logo for 'hello' is written vertically in a bold, black, sans-serif font. To the left of the text are several small, colorful circles in shades of yellow, green, blue, and red, arranged in a semi-circular pattern.

Return Interviews

If you ran away from home or from your carers and have now returned to them, you have the chance to talk to someone independent about the reasons why you ran away so that you can be helped to stop doing this and to be safe.

Regulation 44 Services

We provide monthly visits to children's homes. These are done by NYAS Independent Visitors who check with you that you are safe and that the home is doing everything it should be doing to look after you. NYAS Visitors will meet with you as part of their visit. They will check with your social worker and your parents whenever possible to make sure that they are satisfied with your care too.

Independent Visitors (IV) Services

A NYAS IV is someone who is not paid to spend time with you. They will meet with you at least once a month and spend time doing things you like to do. They will often help you with school or college projects and take you on outings you would like. Our IVs have to agree to being there for you for at least two years so that you have someone who really knows you and enjoys spending time with you.

Residential Visiting Advocacy

If you live in a children's home a long way from where you call home there should be an advocate who visits the children's home at least once a month who you can talk to if you believe that you are not being listened to.

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nyas
national youth
advocacy service

